



FAMILY★LINKS

2013 Family Links Conference Registration is now open!

When ‘GO TO YOUR ROOM’ Isn’t Quite Far Enough....

The 2013 Family Links conference is a two-day seminar that provides strategies to assist in teaching children ownership and management of their behavior and will be presented by Jo Mascorro, M.Ed.

“How many times do I have to tell you?” Sound familiar?

Welcome to the world of parenting. This two-day series will provide participants with an array of strategies to assist in teaching children accountability for their behavior. Participants will be engaged in a variety of activities that will develop skills. Series includes:

- What All Adult Brains Should Know About All Children’s Brains
- Don’t Look Now, Your Behavior is Showing!
- Hints for Survival – for everyone who lives or works with other human beings.

Dates: Friday and Saturday, March 8-9, 2013
Time: 9:00 a.m. – 3:00 p.m. each day.
Location: Vivint Technologies, 4931 North 300 West, Provo, Utah
Cost: \$20 per person prior to February 8, \$30 per person after.
More info: www.utahparentcenter.org/quick-links/family-links/
Flyer: [2013 Family Links Conference Printable Flyer](#)



Target Audience:

This presentation will be geared for **parents** of children and youth with special needs who would like to learn more about helping their children with challenging behavior. Professionals who work with children Pre-K through are welcome to register, but parents will be given preference. Space is limited, so register early.

Exhibitors

Due to the layout of the venue, only the co-sponsoring organizations will have exhibit tables at this event.

Slide Show:

Please send us your photographs that showcase individuals with disabilities – at work, at school, at play. All photographs will be featured in a slide show that will be shown during the conference. All photographs become property of the Utah Parent Center. A release form will be required for use of your photos.

Photo Use Release Form

Please email form and pictures to: familylinks@utahparentcenter.org

Awards:

The Family Links Conference would like to recognize outstanding individuals in the community. Individuals that are chosen will be recognized during the opening session of the conference. Categories for the 2013 Family Links Conference Awards are:

- Parent of the Year
- Child of the Year
- Self-Advocate of the Year
- Professional of the Year

[Please click here to complete nomination form.](#)



Get Your Teen with Special Needs Ready for Transition in 2013!

The five Transition Mini-Conferences that were held across the state in 2012 provided transition information to hundreds of parents and professionals. The Utah Parent Center, Family Links Conference Committee, School Districts and local organizations have decided to continue to bring this 1-2 day conference to communities across the state in Utah. The co-sponsors of these events invite you to participate in one of these great events!

The Transition Mini-Conference is a conference for parents and youth and young adults with disabilities, ages 12-26. Professionals are also invited to participate, but parents will be given priority during registration in the event that the conference is full.

UINTAH SCHOOL DISTRICT, UTAH PARENT CENTER AND FAMILY LINKS ARE TEAMING UP!

From NO Where to KNOW Where: Transition to Adult Life AND Legal Protection for Your Family

Friday, February 8, 2012

12:00-4:00 pm

Uintah School District CEC Building

From NO Where to KNOW Where: Transition to Adult Life presented by Linda Smith, Utah Parent Center.

Legal Protection for Your Family presented by Lisa Thorton, Attorney, Family Links Committee Member, President of the Utah Prader-Willi Syndrome Chapter.

[Click Here For Printable Flyer.](#)

[Click Here To Register.](#)

DAVIS COUNTY TRANSITION MINI-CONFERENCE

Get Your Teen with Special Needs Ready for Transition in 2013!

January 28-29, 2013

9:00 am – 4:00 pm

Davis District Administration Building

Life is full of transitions, and one of the more critical ones for students with disabilities occurs when a student leaves the public school system and moves into the adult world. It's especially helpful to plan ahead starting in high school or middle school. This workshop will cover how parents, educators and students can work together as an IEP Team to prepare the student for the future. The UPC will discuss the transition IEP, predictors for successful transition, post-school goals, teaching students to advocate for themselves, graduation or certificate of completion and much more! Topics will include: Getting and Keeping the First Job, The Journey to Adulthood, Skills for Teaching Effective Self-Advocacy, a Panel of Transition Experts, and much more.

[Click here for a printable flyer.](#) This event is offered at no charge! Space is limited. [Click here to register today!](#)

SALT LAKE COUNTY TRANSITION MINI-CONFERENCE SPONSORED BY THE UTAH PARENT CENTER, CANYONS SCHOOL DISTRICT, GRANITE SCHOOL DISTRICT AND SALT LAKE CITY SCHOOL DISTRICT.

Get Your Teen with Special Needs Ready for Transition in 2013!

March 12-13, 2013

9:00 am – 4:00 pm

Canyons District Administration Bldg.

From No Where to Know Where: Transition to Adult Life -As families of children and young adults with disabilities, we have learned many things – but most of us admit that we have much more to learn. Topics

will include: Getting and Keeping the First Job, The Journey to Adulthood, Skills for Teaching Effective Self-Advocacy, a Panel of Transition Experts, and much more. [Click here to download printable flyer.](#) The cost for this event is \$15 which includes lunch and materials for both days. [Click here to register for this event.](#)



Join the Utah Parent Center in...

..the Love Utah, Give Utah Fundraising Campaign this year!

The Utah Parent Center is participating in the *Love Utah Give Utah* online fundraising opportunity on March 22, 2013. On that day the Community Foundation of Utah will lead a state wide effort to bring together Utahns for 24-hours of unprecedented giving. Every donation made to the Utah Parent Center during *Love UT Give UT* will help qualify the Center for even more challenge grants and awards, making your donation impact the Center in more ways than one.

If you cannot make a donation on March 22, 2013 you will be able to set up your donation in advance to go through on March 22nd. Love UT Give UT is about raising money from the community for the community. More information about how you can help will be included in the next newsletter. Please spread the word about this upcoming opportunity for the Utah Parent Center now. To learn more about the Love Utah Give Utah movement please visit http://loveutgiveut.razoo.com/giving_events/utah13/home. Or click below to donate today!



ADVOCACY AND HOW YOU CAN BE INVOLVED!

This topic will be presented at two upcoming Family to Family Network Meetings in the Salt Lake area. We know the questions you ask...

- “Does advocacy really make a difference?”
- “Does talking to our legislators matter?”
- “Will more funding ever come to people with disabilities?”
- “How can I get more funds for my child with disabilities?”
- “How do I get started?”

Join us as we learn from the best advocates who will talk about the current issues being discussed this legislative session and we will show you how to find your legislators so you can send a letter about your family.



Tuesday, January 22, 2013 at 7:00 p.m.

South Valley School, 8400 S Redwood Road
West Jordan, Utah

and

Tuesday, January 29, 2013 at 10:00 a.m.

CTA Offices, 4444 South 700 East, Suite 203
Salt Lake City, Utah

This is just in time to get ready for the LCPD Reception with Legislators, see below for details.



UTAH LEGISLATIVE COALITION FOR PEOPLE WITH DISABILITIES – RECEPTION WITH LEGISLATORS

Thursday, February 7, 2013 at 4:00-5:45 p.m. in the State Capitol Rotunda

Invite your legislators to the reception to meet you and join in an afternoon discussion of disability issues and concerns. Please RSVP by contacting Trisha Rouse at the Utah Statewide Independent Living Council by **Friday, February 1, 2013** by phone at 801.463.1592 or email trouse@usilc.org.

To locate the names and contact information of your State Senator and House of Representative Member, go to <http://le.utah.gov/GIS/findDistrict.jsp> and enter your address. Call them and ask them to meet you at the Reception.



UPCOMING UTAH PARENT CENTER WORKSHOPS AND TRAININGS

DAVIS COUNTY

CHADD of Utah presents 'Organizational Skill Deficits and Interventions for Children with ADHD'

Thursday, January 24, 2013

6:30-8:30 p.m.

Davis High School Auditorium

"Organizational Skill Deficits and Interventions for Children with ADHD" presented by David M. Groot, LCSW. Pre-registration is required. Cost: \$5 donation requested. Visit www.chaddofutah.com for more info.

Get Your Teen with Special Needs Ready for Transition in 2013!

January 28-29, 2013

9:00 am – 4:00 pm

Davis District Administration Building

From No Where to Know Where: Transition to Adult Life -As families of children and young adults with disabilities, we have learned many things – but most of us admit that we have much more to learn. Topics will include: Getting and Keeping the First Job, The Journey to Adulthood, Skills for Teaching Effective Self-Advocacy, a Panel of Transition Experts, and much more. [Click here for a printable flyer.](#) This event is offered at no charge! Space is limited. [Click here to register today!](#)

Parents as Partners in the IEP Process Workshop

February 12, 2013

6:30-8:30 pm

Davis Professional Development Ctr

This workshop will help parents understand their role, rights and responsibilities in the IEP process. They will learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student. If you have questions, please contact Roz Welch at 801.402.5120. [Click here to register for this event.](#)

SALT LAKE COUNTY

****Preparing Your Child for the Transition to Middle and High Schools**** PLEASE NOTE CHANGES***

January 29, 2013

6:30 - 8:30 pm

Indian Hills Middle School

The date and location of this event has been changed.

It will be held at Indian Hills Middle School located at 1180 East Sanders Rd (11800 South), Sandy.

The transition from elementary to middle school and from middle to high school is bound to create some anxiety for students and parents. Join us for an evening where we will discuss what can be done to help ease the transition and prepare your child for success. Information about timelines and expectations will be addressed. Additionally, a representative from the Canyons Special Education department will be there to provide information about the grade reconfiguration and what it means for your child with disabilities. If you have questions, please call Lynda Hansen at 801.826.8192. [Click here to register for this event.](#)

Daytime Family to Family Network Meeting – Advocacy and How YOU can be Involved

Tuesday, January 29, 2013

10:00 am

CTA Office, 700 East 4444 South #203

Join us as we learn from the best advocates who will talk about the current issues being discussed this legislative session and we will show you how to find YOUR legislators so you can send a letter about your family. Contact Julia at runnamokk@hotmail.com or visit us on [Facebook!](#)

Transition to Adult Life Workshop

February 12, 2013

1:00-2:30 p.m.

Granite Education Center

This free workshop will offer information about transitioning to life after school. It will help parents understand the transition to adult life, prepare to participate in plan development and implementation as well as focus on issues and changing roles during this exciting, challenging time. If you have questions, please contact Michelle Murphey at 385.646.4190. [Click here to register for this event.](#)



Parents as Partners in the IEP Process Workshop

February 13, 2013

6:30-8:30 p.m.

Utah Parent Center Office

This workshop will help parents understand their role, rights and responsibilities in the IEP process. They will learn how to effectively prepare for, participate in and follow-up on IEP meetings held on behalf of their student. If you have questions, please call Amy Weyrich at 801.856.1264. [Click here to register for this event.](#)

Section 504: Services for Students in Public Schools

February 20, 2013

6:30-8:30 p.m.

Utah Parent Center Office

It is important for parents of students with disabilities and special needs to have information and an understanding of Section 504 of the Rehabilitation Act. Understanding the provisions of this important law can help parents be effective partners in working with schools to meet the educational needs of their student with disabilities. This also applies and can be particularly helpful for those students with disabilities who do not qualify for special education services. If you have questions, please call Amy Weyrich at 801.856.1264.

[Click here to register for this event.](#)

Get Your Teen with Special Needs Ready for Transition in 2013!

March 12-13, 2013

9:00 am – 4:00 pm

Canyons District Administration Bldg.

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UTAH COUNTY

Early Intervention to Special Education Preschool Transition Workshop

What Parents Need to Know before Their Child’s Third Birthday

January 22, 2013

6:30-8:00 p.m.

Kids on the Move, Orem

This is an exciting time for families and their children with disabilities and special needs! Families have had the benefit of receiving services from Early Intervention and are now preparing to receive school-based programs and services. Come learn about your roles and responsibilities in working with teams that support your child as s/he moves into preschool programs. Parents have specific rights and responsibilities as they navigate through transition from Early Intervention (EI) programs under Part C of the Individuals with Disabilities Education Act (IDEA) to preschool programs under Part B of IDEA. Families need training and information to assist them with knowledge and understanding to be effective participants with teams.

Guardianship in Utah



Training about Guardianship for Parents, Families and Professionals

This training will answer the following questions: Do you need guardianship for your incapacitated adult family member? When should you seek guardianship? How do you maneuver through the legal process?

Wednesday, February 20, 2013

7:00 – 9:00 p.m.

Alpine Transition Education Center

Alpine Parent Night – Save the Date



February 2013 Meeting

Topic not yet available. Watch for more info.

Thursday, February 21, 2013

6:30-7:30 p.m.

Legacy Elementary Media Center

COMMUNITY ACTIVITIES AND EVENTS

AUTISM FAMILY NIGHT CONNECTING FAMILIES, AUTISM AND DISCOVERY -- FREE ADMISSION

NEW**Monday, January 28, 2013****5:00-7:00 p.m.****Discovery Gateway Children's Museum**

Please join Lineagen, providers of FirstStepDx PLUS, a genetics service for individuals with autism spectrum disorder and other forms of developmental delay. Lineagen also powers M-CHAT.org, the Modified Checklist for Autism in Toddlers, which is a free and confidential online screening tool. Lineagen employees and genetic counselors will be attending Autism Night as well.

NEW

SIBLINGS HELPING SIBLINGS - A GROUP FOR OLDER SIBLINGS OF CHILDREN WITH AUTISM SPECTRUM DISORDERS

This class will provide opportunities for siblings to meet other siblings of kids with ASD, learn coping strategies, learn problem solving skills and HAVE FUN! The group is part of a research project being done through the University of Utah and additional requirements for participation in the group include: Sibling participants must be between the ages of 8 and 12 years old, and must meet with in-person researchers to gather data. If you are interested in participating, please contact Natalie Buerger at 801.403.5402. Classes are being held on Wednesdays and Thursdays from 7:00-9:00 p.m. in South Jordan.

EASTER SEALS GOOD WILL ANNOUNCE THEIR NEXT WIGGLY WORM SENSORY CLASS TO BEGIN THIS MONTH!

The next Wiggly Worm Sensory Class offered by Easter Seals Good Will is set to begin on January 22, 2013. Registration is now open! During this 8 class series, you will gain:

- A better understanding of each of the sensory areas and how they function.
- The ability to recognize sensory processing issues in your child
- A personalized set of easy and effective strategies you can use at home to make your child's world a more sensory friendly place and make your everyday life easier.
- Visit <http://youtu.be/D1G5ssZlVUw> for a sneak peak.

Classes will be held on Tuesdays, January 22 – March 12, 2013 from 3:30 – 5:00 pm at the Children's Center, 350 South 400 East, Salt Lake City. Cost is \$40 for all 8 weeks. Call 801.946.1860 to register or for more information. Space is limited!

NEW FETAL ALCOHOL SUPPORT GROUPS!

Davis Behavioral Health and the Utah Fetal Alcohol Coalition is sponsoring a support group for family members. If you suspect or know that your child was prenatally exposed to alcohol or other substances, this group is for you. Connect with families and problem solve among people who understand the challenges you face. Presentations will be made on a variety of topics as requested by the families attending. There is no charge for the group and is offered to anyone who might be interested.

Davis County

Groups will be held on: 01/10/2013, 03/14/2013, 05/09/2013, 09/12/2013 and 11/14/2013

Groups will meeting at Davis Behavioral Health, 934 S Main St, Layton, UT. (Enter on East side of building)

If you have questions, call Lynn Tanner at 801.776.0054 or email at lynnt@dbh.utah.gov

Salt Lake County – South

This new support group will be meeting at the South Jordan Library beginning on February 7, 2013 at 7:00 p.m. This group will be facilitated by Lynn Tanner of Davis Behavioral Health. Please come and spread the word!

NEW KINDRED SPIRITS WORKSHOPS STARTING SOON!**Planetary Sculpture with Louise Fischman or Painting Nebulas with Susan Jarvis.**

Classes begin the first Tuesday/Wednesday of February and run through March 12/13 from 4:30-6:00 p.m.. Max enrollment for each class is 7 (14 with partners). Children are accompanied by a partner, often a parent or sibling. Fee is \$50 includes all art supplies and snacks (no fee for partner companion).

Artwork created in these Kindred Spirits workshops will be exhibited at the Clark Planetarium in honor of the Planetarium's 10th Anniversary at their location in The Gateway. [Click here to register!](#)

**SAVE THE DATE: CAST FOR KIDS 2013 WILL BE HELD ON AUGUST 10, 2013**

The C.A.S.T. "Catch A Special Thrill" for Kids Event was designed to create an adaptive environment where children, ages 5-18, and adults could both benefit, sharing a day of fun on the water that they may not otherwise have the opportunity to experience. Participants are hosted at a local lake, or body of water, supplied with a fishing rod & reel, t-shirt, hat, and tackle box, partnered with an experienced volunteer angler and escorted onto a boat where, with the supervision of a parent or guardian, they are shown proper fishing techniques and receive natural resources education. To participate or volunteer, please visit www.castforkids.org

ONLINE SURVEY FOR SPECIAL EDUCATORS AND GRADUATE STUDENTS AT THE UNIVERSITY OF UTAH

We are special educators and graduate students from the University of Utah. We are asking for your participation in a research study. This research study is a way to provide new information about a topic of interest for professional development.

We are conducting this study to find out how to better serve your student with a disability throughout their educational experience. Our goal is to encourage schools, administrators and teachers to utilize research based service delivery models to improve your student's educational outcomes.

We are asking you to complete an online survey about your child and the services they are currently receiving within the school and home settings. The following survey is a Likert type scale survey, you will be given a set of statements to which you will respond on a scale of 1 to 6, 1 meaning you strongly disagree with the statement and 6 meaning you strongly agree. The survey has 15 questions and should take about 20 minutes to complete.

English: <http://despina.ed.utah.edu/surveys/sped/sped-edu-experience.htm>

Spanish: <http://despina.ed.utah.edu/surveys/sped/sped-edu-experience-spanish.htm>

ART AND YOGA FOR KIDS WITH AUTISM AND OTHER CHALLENGES!

Join Green Tree Yoga at The Children's Center in Salt Lake for an Afternoon program of Art and Yoga. This program will be held on Tuesdays in February and March 2013. Parents must attend with their child. For more about this and other programs and to register, please visit:

http://greentreeyoga.org/Workshops_Classes/workshopsclasses.htm



UTAH PARENT CENTER

Celebrating OVER 29 years of service!!!

Projects of the Utah Parent Center:

Utah Family Voices - Family to Family Health Information Center

Family to Family Network

Autism Information Resources at the Utah Parent Center

Phone: (801) 272.1051 • Toll Free Utah: (800) 468.1160 • Fax: (801) 272.8907

Email: info@utahparentcenter.org • Website: www.utahparentcenter.org

Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of essential information, training, and peer support.

You have received this message because you are on the Utah Parent Center listserv. We do not trade or sell the email addresses of our subscribers.

To be removed, please contact the Utah Parent Center at info@utahparentcenter.org